



**WELCOME TO**  
**PURE LIFE CHIROPRACTIC NEUROLOGY**

**Confidential Patient Information**

Name		Date
Address		City/ State/ Zip Code
Home Phone	Work Phone	Cell Phone
Email Address	Date of Birth	Provider AT&T Sprint T-Mobile Verizon
SSN:	Current Age	

**Work Status:** Employed    Retired    Disabled    Full-time Parent/Spouse    Student

Employer	Occupation	
Employer Address	City State	Zip Code

**Marital Status:** please circle    Married    Single    Divorced    Widow

Spouse's Name/Cell Phone \_\_\_\_\_

Previous Chiropractic Care? Yes No    Doctor's Name: \_\_\_\_\_

Name of Your Insurance Company \_\_\_\_\_

Who (or what source) referred you? \_\_\_\_\_

**The below may not directly pertain to why you are seeing Dr. Borbón but please do not leave blank.**

What is your #1 Short Term Goal (6 months or less)?

*Ex: Eliminate pain, Learn a new hobby/skill, Weight loss, Get regular quality sleep*

What is your #1 Long Term Goal (6 months - 3 years)?

*Ex: Write a book, Run a Marathon, Advance your career, Lead a charity, More free time with family/friends, Graduate*

Please list your major complaints in order of severity (form most debilitating to least debilitating):

**Please circle the single greatest complaint below**

1 \_\_\_\_\_ 2 \_\_\_\_\_ 3 \_\_\_\_\_

When did you first notice this condition? \_\_\_\_\_

Did it begin: Immediately or Gradually?

What is the exact location of your symptoms? \_\_\_\_\_

Do your symptoms spread? No Yes Where? \_\_\_\_\_

How often do you experience these symptoms?

•Constant (100% of day) •Frequent (75%) •Often (50%) •Seldom (25%) •Rarely (less than 25%)

Is this condition progressively: Worsening Improving Unchanged

What is the intensity of you symptoms? Severe Moderate Mild

Rate your symptoms on a scale of 1-10 considering 1 (minimal) and 10 (severe/excruciating pain)

1 2 3 4 5 6 7 8 9 10

Please indicate the character of your pain: \_\_ Dull \_\_Sharp \_\_Burning \_\_Aching \_\_Knife-like \_\_Throbbing

Other: \_\_\_\_\_

Are you experiencing any of the following associated symptoms?

\_\_Pins/Needles \_\_Tingling \_\_Numbness \_\_Twitching

If yes, please describe:

WORSE: Please indicate what activities aggravate your condition:

BETTER: Please indicate what helps alleviate the pain.

Please list any doctors and/or treatments you used for this condition. (Please include diagnoses, treatment received, supplements/medications and any changes in your condition):


Please include any other relevant history you feel Dr. Borbón should know.


## Personal Health History

<b>Medications</b> Please list your current medications, what they are taken for, and how long you've been taking them.
<b>Vitamins and Minerals</b> Please list your current supplements and by whom prescribed.

**Place a check for any condition you had in the PAST, and the right box for any condition that is CURRENT**

P C	P C	P C	P C
___ Mental Disorders	___ Diabetes	___ Pneumonia	___ Infective Disease
___ Epilepsy	___ Anemia	___ Tuberculosis	___ Fungal Infection
___ Tumors	___ Glaucoma	___ Hepatitis	___ Herpes
___ Alcoholism	___ Heart Disease	___ Thyroid Disease	___ Arthritis
___ Drug Addiction	___ Rheumatic Fever	___ Parasites	___ Autoimmune Diseases
___ Cancer	___ Scarlet Disease	___ Asthma	___ Chicken Pox

NERVOUS SYSTEM P C	EYES/EARS/NOSE/THROAT P C	GASTROINTESTINAL	MUSCULOSKELTAL
___ Depression	___ Vision Problems	___ Poor/Excess Appetite	___ Neck Pain
___ Memory Loss	___ Flashing Lights	___ Excessive Thirst	___ Upper Back Pain
___ Confusion	___ Black Spots	___ Frequent Nausea	___ Lower Back Pain
___ Dizziness	___ Blurriness	___ Hemorrhoids	___ Hip/Knee Pain
___ Fainting	___ Hearing Loss	___ Black/Bloody Stools	___ Ankle/Foot Pain
___ Convulsions	___ Ringing in Ears	___ Digestive Problems	___ Shoulder/Elbow Pain
___ Weakness	___ Swallowing Difficulty	___ Abdominal Cramping	___ Wrist/Hand Pain
___ Poor Balance	___	___ Gas/Bloating	___ Between Shoulders
___ Twitches/Tremor	___	___ Heartburn/GERD	___ Rib Pain
___ Cold/Tingle Extremities	___	___ Weight Problems	___ Sore Muscles
___ Sleeping Difficulties	___	___ Gall Bladder Problem	___ Difficulty Walking
___ Headaches	___ Increased Clumsiness	___ Liver Problems	___ Leg/Arm Pain

CARDIOVASCULAR	REPRODUCTIVE	GENITOURINARY
___ Chest Pain	___ Erectile Difficulties	___ Bladder Trouble
___ Irregular Heartbeat	___ Sexual Dysfunction	___ Painful Urination
___ High Blood Pressure	___ Menstrual Irregularity	___ Incontinence
___ Shortness of Breath	___ Menstrual Cramping	___ Discolored Urine
___ Lung/Congestion	___ Venereal Infection	
___ Varicose Veins		
___ Ankle Swelling		

<b>Females only:</b> When did your menses first begin? How often do you have a bowel movement? Do your stools ___ Float or ___ Sink Are your bowel movements consistent? ___ Yes ___ No	How many times a day do you urinate? Do you experience any urgency, dribbling, or incontinence? Is this urination pattern consistent? ___ Yes ___ No
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### **Past Medical History**

Please include any of you previous conditions

If possible, include: dates, diagnosis, treatment received and any residuals you still suffer from.

#### **General Health History: Have YOU had any of the following?**

Injuries, Accidents, Falls, or Traumas (Including Sport Injuries) <input type="checkbox"/> No <input type="checkbox"/> Yes Explain
Illnesses/Hospitalizations <input type="checkbox"/> No <input type="checkbox"/> Yes Explain
Surgeries: <input type="checkbox"/> No <input type="checkbox"/> Yes Explain

Motor Vehicle Accidents <input type="checkbox"/> No <input type="checkbox"/> Yes Explain
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Females Only: Menopausal Symptoms: <input type="checkbox"/> None <input type="checkbox"/> Yes Explain:
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#### **Habits**

Cigarettes/Cigars <input type="checkbox"/> None <input type="checkbox"/> Yes	How much per week?	
Alcohol <input type="checkbox"/> None <input type="checkbox"/> Yes	How many drinks per week?	What types of alcohol?
Coffee <input type="checkbox"/> None <input type="checkbox"/> Yes	How many cups per week?	
Exercise <input type="checkbox"/> None <input type="checkbox"/> Yes	Hours/Days per week?	Types?
Water <input type="checkbox"/> None <input type="checkbox"/> Yes	Glasses per day?	
Soft Drinks <input type="checkbox"/> None <input type="checkbox"/> Yes	Amount per week?	Types:
Sleep <input type="checkbox"/> None <input type="checkbox"/> Yes	Average per night?	
	Do You have difficulty <b>falling asleep</b> or <b>staying asleep</b> ?	
	Hours desired per night?	
Eating	Meals per day? _____	
	Do you consider your diet healthy? <input type="checkbox"/> Yes <input type="checkbox"/> No Explain	

#### **Have any of your FAMILY MEMBERS ever suffered from any of the following conditions? Please specify the relation to persons below.**

<input type="checkbox"/> Diabetes	<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Stroke	<input type="checkbox"/> Neurological Disorders	<input type="checkbox"/> Mental Disorders
<input type="checkbox"/> Autoimmune Disorders	_____	<input type="checkbox"/> Cancer	_____	
<input type="checkbox"/> Other	_____			

**Authorization And Consent To Chiropractic  
Adjustments, Special Procedures And/Or Therapy  
And Consent to Payment/Cancellation/Reschedule Policy**

Printed Name: \_\_\_\_\_

Pure Life Chiropractic Neurology maintains personnel and facilities to assist your doctor in the performance of chiropractic adjustments, special diagnostic, and other therapeutic procedures. These adjustments and ancillary procedures all may involve a calculated risk of complication, injury, or even death, from both known and unknown causes and no warranty of guaranty has been made as to the result or cure. Except in emergency or exceptional circumstances, these therapies and procedures are therefore not performed on patients unless and until a patient has had an opportunity to discuss them with his/her doctor. Each patient has the right to consent or refuse any proposed procedure or therapy based upon the prescription or explanation received.

The doctor(s) has determined that until the procedure(s) listed below may be beneficial in the diagnosis or treatment of your condition. Upon your authorization of your consent, such therapies or special procedures will be performed by your doctor.

Your signature opposite the procedure(s) listed below constitutes your acknowledgement(s) that:

- (1) You have read and agreed to the foregoing;
- (2) The procedure(s) and possible alternate means of therapy have been adequately explained to you by your doctor;
- (3) You consent to the office policy and procedure(s) or specified tests;
- (4) You consent to procedures and tests in addition to or different from those specified below, whether or not arising from presently unforeseen conditions, which your doctor might consider necessary or advisable in the course of the procedure(s) specified below;
- (5) No guaranty of a cure has been promised to you.

In today's hectic world unplanned issues come up for all of us. We recognize this fact, but we respectfully request that you cancel your scheduled appointment by phone or e-mail a minimum of 24 hours in advance. The payment/cancellation/reschedule details listed here define our Office Policy. The Office Policy supports the greatest ability to serve those desiring an appointment.

For consultations and exams of new patients with a friend/family or professional referral discount, failure to provide such notice will result in forfeiture of the savings offered.

For appointments, if you do not cancel by the deadline, you will be assessed a \$48.00 missed appointment fee. This fee is will be your responsibility to pay at the time of your next visit or will be deducted from any prepayment on file. Our aim here is to open otherwise unused appointments for our patients, not to collect missed appointment fees. Your cooperation and consideration are appreciated.

Patient treatment plans are meticulously formulated on a patient by patient basis. Recommended frequencies and time frames of implementation of the treatment plan will be covered with the patient prior to its commencement. No action will take place without the full agreement of the patient. Therefore, failure of the patient to fulfill his/her duties of the treatment plan is the responsibility of the patient. This includes, but is not limited to, not showing up for the treatments. In such a case where thirty days has elapsed since the previous patient visit, during the correctional treatment phase, no refund will be made available. The patient's initiation of the treatment plan is the agreement that he/she will complete it.

I, (Printed Name) \_\_\_\_\_, understand and give my consent to the information above as well as to the physical exam, chiropractic adjustment, ancillary therapy(ies), and office policy.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If Minor:  
Guardian's Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Date: \_\_\_\_\_